WOMEN & GIRLS CHEER SIZING CHART

TOPS

WOMEN

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
BUST	29.5-32.5	32.5-35.5	35.5-38	38-41	41-44.5	44.5-48.5	48.5-52.5	52.5-56.5	56.5-60.5

GIRLS YOUTH

	YXS	YS	YM	YL	YXL
BUST	25.5-26	26-27	27-29.5	29.5-32	32-35

BOTTOMS

WOMEN

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WAIST	23.5-26	26-29	29-31.5	31.5-34.5	34.5-38.5	38.5-42.5	42.5-46.5	46.50-50.5	50.5-54.5
HIP	33-35.5	35.5-38.5	38.5-41	41-44	44-47	47-50	50-54	54-58	58-62

GIRLS YOUTH

	YXS	YS	YM	YL	YXL
WAIST	23.5-24	24-25.5	25.5-27	27-28.5	28.5-29.5
HIP	27-28	28-29.5	29.5-31.5	31.5-33.5	33.5-35

SIZING SUGGESTIONS

- IN THE EVENT OF INDECISION, WE SUGGEST SIZING UP ONE SIZE FOR A MORE LOOSE FIT.
- WE HIGHLY ENCOURAGE TEAMS TO REQUEST SAMPLES SO THAT SIZING CAN BE HANDLED APPROPRIATELY BASED ON YOUR GARMENT SELECTION.

HOW TO MEASURE

CHEST: WITH ARMS DOWN AT SIDES, MEASURE AROUND THE UPPER BODY, UNDER ARMS AND AROUND THE FULLEST PART OF CHEST.

WAIST: MEASURE AROUND THE NARROWEST PART OF YOUR WAIST, LOCATED ABOVE THE BELLY BUTTON AND BELOW YOUR RIB CAGE.

HIPS: MEASURE AROUND THE WIDEST PART OF YOUR HIPS, INCLUDING YOUR BUTTOCKS.